

ROOTED MENU

FOOD AND DRINK

SPRINGHOUSEMERC.COM



GRAB AND GO

SIT DOWN

grab and go

BAGEL

with Seasonal Cream Cheese Spread

4

HOMEMADE SCONES

4

HOMEMADE MUFFINS

4

ICED CINNAMON ROLL

4

a little less grab- a little more stay

CRANBERRY OATMEAL SOUFFLE

Housemade oatmeal and cranberries topped with real maple syrup

7

AVOCADO TOAST

Toasted bread with avocado, tomato, red onions, cilantro and drizzled with balsamic

7

BREAKFAST SANDWICH

Egg and cheddar cheese on ciabatta.
Choice of Bacon, Veggie (onions & peppers) or Both

7

BREAKFAST BURRITO

Eggs, bacon, potatoes, cheese rolled in a flour tortilla.
House-made Tomatillo salsa.
Choice of Bacon, Veggie (onions & peppers) or Both

7

PARFAIT

Greek yogurt with honey granola and seasonal berries

5

FRITATTA

7

EGG BITES

6

